





# *Bloom's*

ALL DAY DINNING





Blooms is a grand celebration of international culinaria, all brought together in one place. This 24-hour multi-cuisine restaurant offers some of the most prominent local and international specialties found in Delhi and across the world! One of the finest all day dining restaurants in Delhi to relish dishes from cuisines including Mediterranean, Asian, Indian and Chinese among others. The real experience of a visit to Blooms, though, revolves around its extravagant selection of buffet for breakfast, lunch and dinner.

A visit to Blooms can never be “a” meal. It is always going to be “the” meal!





## BEGINNINGS/ FROM THE GLOBE'S PANTRY PIQUANT


Playful and fresh, this collection of appetizers and salads is inspired by flavors from world kitchens

	<b>Non-Vegetarian Platter</b> 123 Kcal / 100 gm Serving	<b>2400</b>
	An assortment of achari prawn, Amritsari macchi, murg malai tikka and Gilafi seekh kebab	
	<b>Vegetarian Kebab Platter</b> 175 Kcal / 100 gm Serving	<b>1900</b>
	An assortment of kebab, surkh lal paneer tikka, dahi cheese ke kebab, Lahori subz kaju di seekh and hara bhara kebab	
	<b>Gosht Ki Seekh</b> 211 Kcal / 100 gm Serving	<b>1450</b>
	Minced lamb with blend of spices wrapped around skewers cooked in clay oven served with mint chutney	
	<b>Ajwaini Sole Tikka</b> 106 Kcal / 100 gm Serving	<b>1450</b>
	Carom seeds & yoghurt marinated sole fish cooked in clay oven served with mint chutney	
	<b>Cheddar Murgh Malai Tikka</b> 212 Kcal / 100 gm Serving	<b>1300</b>
	Creamy marinated boneless chicken cooked in clay oven served with mint chutney	
	<b>Surkh Lal Paneer Tikka</b> 248 Kcal / 100 gm Serving	<b>1050</b>
	Mint & tamarind chutney stuffed cottage cheese cooked in clay oven served with mint chutney	
	<b>Dahi Cheese Kebab</b> 132 Kcal / 100 gm Serving	<b>1050</b>
	Deep fried crumb coated hung curd stuffed with cheddar cheese & cashew nuts	

### BRUSCHETTA SELECTION

	<b>Tomato and avocado</b> 195 Kcal / 100 gm Serving	<b>900</b>
	<b>Roasted bell pepper, olives &amp; fresh mozzarella</b> 198 Kcal / 100 gm Serving	<b>900</b>
	<b>Grilled chicken</b> 215 Kcal / 100 gm Serving	<b>1000</b>
	<b>Smoked salmon, sour cream &amp; caper berry</b> 236 Kcal / 100 gm Serving	<b>1000</b>
	<b>Classic Caesar Salad (Vegetarian / Non Vegetarian)</b> 224 Kcal / 100 gm Serving	<b>950</b>
	Mix lettuce tossed in our signature Caesar dressing with crispy bacon	
	parmigiano reggiano shaving and focaccia croutons	
	Caesar Salad Combination :	
	Caramelized onion & asparagus	
	Scottish smoked salmon	
	Balsamic chicken	
	Crispy bacon bits	

### SALADS

	<b>Superfood Slaw</b> 201 Kcal / 100 gm Serving	<b>900</b>
	A salad made with super foods, rich in phyto nutrients. These foods actively help in fighting ailments	
	Rucola, Romaine and Iceberg-provides protein and fiber	
	Cherry tomato-rich in antioxidants	
	Avocado-healthy fatty acid	
	Asparagus-vitamin A, antioxidant	
	Toasted walnut – good for cholesterol	
	Candied ginger- super digestive	
	The entire above are tossed in a honey, lemon and black pepper dressing	

"An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary".


Please inform our associate in case you are allergic to any specific food ingredient


 Vegan  Healthy Options  Vegetarian  Non-Veg  Lactose  Gluten  Nuts  Spicy  Egg  Soyabean  Fish  Crustacean


Edible Sunflower Oil | Nut Oil | Mustard Oil | Butter | Desi Ghee | Olive Oil | Vanaspati used in Preparation


All Prices in INR | We Levy No Service Charges | Taxes as applicable




 **Thai Chicken Shredded Salad (Hot Salad)** 126 Kcal / 100 gm Serving **950**  
Marinated slow cooked chicken slices tossed with beans sprout, bell pepper and bok choy in Thai dressing & garnished with peanuts.


 **Chicken Santa Fe salad** 174 Kcal / 100 gm Serving **950**  
A mélange of corn tomatoes, chicken and black beans


 **Insalata Caprese** 205 Kcal / 100 gm Serving **900**  
Italian salad made of sliced fresh mozzarella, tomatoes, and sweet basil, seasoned with salt and olive oil


 **Vietnamese Pomelo Salad** 223 Kcal / 100 gm Serving **900**  
Pomelo, mixed greens and veggies with spicy dressing


 **Quinoa and seasonal fruit melanze** 219 Kcal / 100 gm Serving **900**  
Romaine and quinoa with seasonal fruits drizzled with tangy orange dressing


## SOUP

 **Chicken Caribbean Soup** 1323 Kcal / 100 gm Serving **650**  
Cream based chicken soup served with chicken dumplings


 **Roasted Roma Tomato Soup** 57 Kcal / 100 gm Serving **650**  
Oven roasted Roma tomato broth with puy lentil & basil oil


 **Cream of Mushroom Soup** 1080 Kcal / 100 gm Serving **650**  
Mushroom puree with cream & butter and served with brown garlic loaf


 **Dal Nariyal Shorba** 383 Kcal / 100 gm Serving **600**  
Lemon & coconut flavored lentil soup served with roasted coconut

 **Minestrone Soup** 286 Kcal / 100 gm Serving **600**  
Rustic Italian soup made with vegetables & beans in a tomato based broth topped with pasta


## BURGER & SANDWICH

 **Middle Eastern Lamb Patty Burger / Tenderloin Burger** 306 Kcal / 148 Kcal / 100 gm Serving **1150**  
With tomato fondue

 **Blooms Club** 222 Kcal / 100 gm Serving **1050**  
Blooms wellness bread three layered toasted sandwich with tender chicken salad, grilled oak smoked bacon, fried eggs & sliced tomatoes served with fries

 **Big Boy Chicken Burger** 224 Kcal / 100 gm Serving **1050**  
Slow roasted chicken patty on freshly baked bun with BBQ sauce, crispy onion rings, tomatoes, lettuce and melted cheese

 **Veggie Club** 160 Kcal / 100 gm Serving **950**  
Blooms wellness bread three layered toasted sandwich with grilled zucchini, oven roasted tomatoes, charred bell peppers

 **Big Boy Bloom Vegetable Burger** 145 Kcal / 100 gm Serving **950**  
Fried vegetable patty on freshly baked bun with BBQ sauce, crispy onion rings, tomatoes, cucumber and melted cheese

All burger & sandwich are served with a side of house salad and French Fries.

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## WORLD KITCHEN


Signatures from around the world, served pre plated for individual diners  
Available | 1100 hrs to 0000 hrs


 **Mezze Platter** 520 Kcal / 100 gm Serving 1200  
Hummus, babaganoush, labneh, muhammara , tabbouleh, lamb kibbeh, chicken sambousek  
fattoush, marinated olives & pickled vegetables

Or

 **Mezze Platter** 520 Kcal / 100 gm Serving 1000  
Hummus, babaganoush, labneh, muhammara , tabbouleh, spinach fatayer, falafel  
with fattoush, marinated olives & pickled vegetables


### Choice of Thai Curry (Green/ Red /Yellow)


 **Prawn** 247 Kcal / 100 gm Serving 1350


 **Chicken** 302 Kcal / 100 gm Serving 1150


 **Vegetable** 267 Kcal / 100 gm Serving 1050


Accompanied with steamed rice & side portion of raw papaya salad


 **Blooms Fish & Chips** 142 Kcal / 100 gm Serving 1500  
Blooms style interpretation of the Classic Fish and Chips

 **Lamb Shepherd's Pie** 233 Kcal / 100 gm Serving 1450  
Mince of lamb topped with cheesy mashed potato


 **Six Herb Roasted Chicken (Half Chicken)** 249 Kcal / 100 gm Serving 1400  
with haricot beans and mushroom glaze

 **Madagascar Chicken Steak** 210 Kcal / 100 gm Serving 1350  
Minced chicken steak with vegetable & jus


 **Chicken Peperonata** 411 Kcal / 100 gm Serving 1350  
Rolled chicken stuffed with pepper chilly sauce and cheese served  
with pears potatoes and grilled asparagus

 **Stuffed Conchiglioni** 286 Kcal / 100 gm Serving 1050  
Ratatouille stuffed shell shape pasta baked with cheese & tomato sauce

### FROM THE GRILLS


 **Grilled New Zealand Lamb Chops (with bone)** 196 Kcal / 100 gm Serving 2500  
served with mashed potatoes and red wine jus

 **Grill King Prawns** 179 Kcal / 100 gm Serving 1950  
with garlic mash and sautéed vegetables

 **Crispy Skin Salmon Steak** 164 Kcal / 100 gm Serving 1750  
with mashed potato & lemon butter sauce

 **Sole Fish Grilled or Poached** 132 Kcal / 100 gm Serving 1500  
with mashed potatoes, veggies and lemon butter sauce

 **Grilled Tenderloin Steak** 124 Kcal / 100 gm Serving 1300  
with quick ratatouille, lyonnaise potatoes & peppercorn jus

 **Pan Seared Chicken Breast** 187 Kcal / 100 gm Serving 1300  
with grilled vegetables & thyme jus

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## PASTA

	<b>Risotto</b>	217 Kcal / 276 Kcal / 256 Kcal / 100 gm Serving	<b>1050</b>
	<b>Spaghetti Bolognese</b>	202 Kcal / 100 gm Serving	<b>1050</b>
	Rustic lamb and onion ragout flavored with selected herbs and fresh tomatoes		
	<b>Spaghetti Carbonara</b>	313 Kcal / 100 gm Serving	<b>1050</b>
	Mix of egg yolk & cream with bacon, elegantly enriched with pecorino Romano		
	<b>Spaghetti Aglio e Olio Peperoncino</b>	414 Kcal / 100 gm Serving	<b>1000</b>
	Garlic, olive oil, parsley and Parmigiano-Reggiano cheese tossed with cooked pasta		
	<b>Penne Napolitana</b>	279 Kcal / 100 gm Serving	<b>1000</b>
	Plum tomato sauce with basil infusion		
	Inform Server: Whole Wheat or Gluten Free		

## LOCAL FAVORITES

	<b>Mutton Rogan Josh (with bone)</b>	107 Kcal / 100 gm Serving	<b>1550</b>
	Succulent pieces of baby lamb braised in onion gravy flavored with aromatic spices like fennel, cloves, cardamom, cinnamon & ginger		
	<b>Butter Chicken (Boneless/ with bone)</b>	298 Kcal / 100 gm Serving	<b>1400</b>
	Chicken curry made with spiced tomatoes and rich butter sauce		
	<b>Home Style Chicken Curry</b>	258 Kcal / 100 gm Serving	<b>1350</b>
	Home style chicken curry made with yogurt, tomatoes, onion, garlic and ginger		
	<b>Chicken Chettinad</b>	126 Kcal / 100 gm Serving	<b>1350</b>
	Boneless spicy chicken curry, cooked in an authentic chettinad paste laced with coconut and onions		
	<b>Kadhai Paneer</b>	213 Kcal / 100 gm Serving	<b>1200</b>
	Spicy, warming & flavorful curry made by cooking paneer & bell peppers in a fragrant fresh ground spice powder		
	<b>Aap ki Pasand Paneer</b>	229 Kcal / 100 gm Serving	<b>1200</b>
	North Indian classic curry dish made with creamy tomato		
	<b>Subz Handi Lazeez</b>	117 Kcal / 100 gm Serving	<b>1050</b>
	A mélange of seasonal vegetables tossed with tomato & onion gravy		
	<b>Dal Makhani</b>	312 Kcal / 397 Kcal / 100 gm Serving	<b>950</b>
	Black lentils cooked overnight over tandoor finished with butter and cream		
	<b>Dal Tadka</b>	312 Kcal / 397 Kcal / 100 gm Serving	<b>900</b>
	Spiced lentils finished with a tempering made of ghee and spices		
	<b>Heeng Dhaniya ke Chatpate Aloo</b>	37 Kcal / 100 gm Serving	<b>900</b>
	Baby potatoes scented with asafoetida & finished with fresh coriander on top		

## PULAO

	<b>Gosht Pulao (with bone)</b>	129 Kcal / 100 gm Serving	<b>1250</b>
	Aromatic basmati rice cooked with tender morsels of lamb served with raita & green salad		
	<b>Murgh Zaffrani Pulao (with bone)</b>	243 Kcal / 100 gm Serving	<b>1150</b>
	Aromatic basmati rice cooked with chicken and Indian spices served with raita & green salad		



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-  **Matter, Gobhi aur Pyaz Pulao** 50 Kcal / 100 gm Serving **950**  
Basmati rice cooked with tempered cumin, fresh green peas, cauliflower florets & onion served with raita & green salad
-  **Rice** **600**  
jeera / plain / kesari 18 Kcal / 22 Kcal / 100 gm Serving

### TANDOORI BREADS





-  **Kulcha** : Cheese / Aloo / Pyaaz / Gobhi / Paneer 290 Kcal / 265 Kcal / 244 Kcal / 303 Kcal / 100 gm Serving **350**
-  **Naan** : Cheese / Garlic / Butter / Plain 326 Kcal / 240 Kcal / 290 Kcal / 265 Kcal / 100 gm Serving **300**
-  **Paratha** : Lachha / Pudina / Chilli 307 Kcal / 267 Kcal / 292 Kcal / 100 gm Serving **300**
-  **Roti** : Tandoori / Tawa / Missi 238 Kcal / 224 Kcal / 303 Kcal / 100 gm Serving **300**

Available 1100 hrs to 0000 hrs

## GHAR WALA KHANA






-  **Home Style Chicken Curry** 258 Kcal / 100 gm Serving **1350**  
Chicken cooked in home made spices
-  **Matar Paneer** 166 Kcal / 100 gm Serving **1200**  
Cottage cheese and green peas cooked with chef's special spices
-  **Dal Palak Wali** 309 Kcal / 100 gm Serving **900**  
Tempered toor lentil with fresh spinach
-  **Aloo Gobhi Masala** 117 Kcal / 100 gm Serving **900**  
Potato and cauliflower tossed in onion tomato masala
-  **Khichdi** 321 Kcal/ 424 Kcal / 100 gm Serving **900**  
Lentil and rice cooked together with spices or Vegetable

## TAKE OWN BENTO BOX

-  **Guaca Bento** 143 Kcal / 100 gm Serving **1300**  
Comes with eight different Spanish dishes
-  **Mexicana Bento** 190 Kcal / 100 gm Serving **1300**  
Comes with eight different Mexican dishes
-  **Indiana Bento** 234 Kcal / 100 gm Serving **1300**  
Comes with eight different classical Indian dishes
-  **Shanghai Bento** 231 Kcal / 100 gm Serving **1300**  
Comes with eight different dishes from Shanghai

## TEA TIME BITES

Served pre plated for individual (Available 1500 hrs to 1900 hrs)

-  **Keema Pao** 254 Kcal / 100 gm Serving **700**  
Slow cooked minced mutton with spices served with pao bread & house salad
-  **Paneer Pakora** 235 Kcal / 100 gm Serving **600**  
Deep fried cottage cheese slices coated in seasoned gram flour batter served with mint & tamarind sauce
-  **Pao Bhaji** 183 Kcal / 100 gm Serving **600**  
Quick serve Indian food consisting of thick vegetable curry served with pao bread & house salad
-  **Vada Pao** 183 Kcal / 100 gm Serving **550**  
Savory dinner roll stuffed with fried mashed and spiced potato fritters
-  **Olive & Chilli Cheese Toast** 182 Kcal / 100 gm Serving **500**  
Jalapeno, onions, bell pepper, chili pepper, green & black olives mixed with cheese & baked on white bread toast

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## KOLKATA FRANKIE WRAP




A must try rolls recipe straight from Calcutta with the stuffing of your choice in whole wheat flat bread




  **Chicken Masala** 234 Kcal / 100 gm Serving **1000**  
Roasted chicken tikka along with bell peppers & onion with Indian spices



  **Paneer Masala** 287 Kcal / 100 gm Serving **950**  
Roasted paneer tikka along with bell peppers & onion with Indian spices



**French Fries/ Onion Rings/ Potato Wedges** (Choice only one)



## THE DESSERT STUDIO



   **Warm Chocolate Brownie** 228 Kcal / 100 gm Serving **650**  
Served with vanilla ice cream & hot chocolate sauce



   **Ras Malai** 267 Kcal / 100 gm Serving **600**  
Flattened balls of chhena soaked in malai (clotted cream) flavoured with cardamom




  **Ice Cream** **600**  
Vanilla | Strawberry | Chocolate 120 Kcal / 201 Kcal / 220 Kcal / 100 gm Serving

  **Three flavored Lollies** 392 Kcal / 100 gm Serving **500**  
Dark chocolate, white chocolate & raspberry covered with dark & white chocolate sauce



  **Bitter Chocolate Cake Slice** 471 Kcal / 100 gm Serving **500**  
Rum flavored bitter chocolate cake slice




  **Exotic Dry Fruit Tart** 571 Kcal / 100 gm Serving **500**  
Shortcrust base filled with dry nuts, almond flakes, pistachios, cashews & honey served with vanilla sauce & brandy snap

  **Trio Color Mousse** 219 Kcal / 100 gm Serving **500**  
Three layered dairy free cream with trio of cardamom, aniseed & nutmeg served with sugar free dark chocolate & topped with whipped cream

   **Gulab Jamun** 580 Kcal / 100 gm Serving **500**  
Fresh cheese dough balls fried & soaked in cardamom flavored sugar syrup  
Please check with your server for other available flavors

## BEVERAGES

  **Lassi and Yoghurt Whips** **425**  
Sweet / Salted / Plain / Mango / Strawberry  
219 Kcal / 139 Kcal / 129 Kcal / 325 Kcal / 325 Kcal / 100 ml Serving

   **Freshly Squeezed Seasonal Fruit Juice** 217 Kcal / 100 ml Serving **400**  
(Please ask server for seasonal availability: Sweet Lime/ Orange/ Pineapple/ Watermelon)

  **Milkshakes** **400**  
Coffee / Chocolate / Vanilla / Strawberry / Mango / Banana  
283 Kcal / 6980 Kcal / 262 Kcal / 435 Kcal / 193 Kcal / 217 Kcal / 100 ml Serving

  **Coffee** 408 Kcal / 100 gm Serving **350**

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